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Learning Styles

I am not sure what to think about learning styles personally, as I sometimes grate against the idea concept that we can all be neatly put into categories. I think the results of the test we took are a better way of approaching the idea. Instead of simply saying you’re an ‘auditory’ or a ‘visual’ learner, you can excel and utilize a mix of many different learning styles. I think it also can depend upon the subject being taught. Some subjects could be taught completely auditory, but others would be impossible without visual aids etc.

In doing some research to answer this question, I stumbled upon a page from Vanderbilt University on learning styles. They mention a study from the group Psychological Science in the Public Interest that found there is virtually no evidence that instruction is best provided in a format that matches the preference of the learner. I think that there are styles that can be more or less helpful for different people, and cultural and socioeconomic factors can play a big role as well.

References:

https://cft.vanderbilt.edu/guides-sub-pages/learning-styles-preferences/

Here is a picture of the results of my learning style test:

